



755-3655 / 755-3656 / 755-3657

Chandana Vavilala, M.D.

Health Officer

Meeting of the Lake County Board of Health

Date: November 5, 2025

Time: 7:30am

Location: Lake County Government Center Auditorium Room B103 or B-109

Call to Order - Meeting called to order by Dr. Nchekwube.

Roll Call

Members Present:

Marla Hoyer-Lareau, Michael Foreit, Cynthia Hoess, Chiedu Nchekwube, Deborah McCullough, Philip Golden

Members Absent:

TJ Wigmore, Leona Chandler -Felton

*one vacant board position

Approval of Previous Meeting Minutes 9/12/25

Philip Golden motion to approve, Dr. McCullough 2nd - Motion Passes

Old Business – Salary Adjustments

Discussion: Dr. Hoess stated the salary requests are more than typical inflation and would like to know the percentage increase. She also stated she needs more data to approve the salaries. Sheila Paul discussed the salary comparisons for related positions at other health departments in Indiana, noting that not all departments have similar positions. Dr. Vavilala stated the salaries are being requested due to change in scope of work for the staff. Dr. McCullough felt the Deputy Administrator salary request was high.

ROLL CALL

Board Member Philip Golden	No
Board Member Marla Hoyer-Lareau	Second
Board Member Dr. Hoess	No
Board Member Dr. Nchekwube	Yes
Board Member Dr. Foreit	Motion
Board Member Dr. McCullough	No

Motion fails 3-3.

New Business

a. Department Activities/Accomplishments Report



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b. Review of 2025 Health First Indiana Impact Report

c. New HFI Contract Clause(s)

9.3. Unexpended Funds and Carryover. Any funds provided under this Agreement that remain unexpended at the end of the contract term shall, unless otherwise approved in writing by the Lake County Health Department ("HFI"), either:

9.3.1. be applied to the subsequent contract period for the same program or service if renewed or extended, subject to written approval by LCHD Board of Health; or

9.3.2. be refunded to HFI within thirty (30) days after the expiration or termination of this Agreement, or as the parties otherwise agree.

9.4. The Grantee shall provide a final expenditure report identifying any remaining balance. Any rollover of funds shall not be automatic and must comply with applicable State Board of Accounts and Indiana Department of Health fiscal policies and procedures.

15.2 Termination of Prior Agreements. This Agreement constitutes the sole and entire agreement between the Parties with respect to the subject matter described herein and terminates, cancels, and supersedes any and all prior or existing agreements, contracts, memoranda of understanding, or other arrangements between the Parties related to the same program, project, or services funded under this Agreement. No rights or obligations shall survive from any prior agreement unless expressly restated herein.

No vote required

c. 2026 Health First Indiana Contracts for Approval

RESOLUTION 1 OF 15

HFI Contract from Community Help Network: Buddy Bags

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for the School Health Liaison and Chronic Disease Prevention.

The program requires a total amount of \$34,470.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Buddy Bag Food Elementary	\$5.00	571 participants x 2 10 weeks	\$28,550
Grocery Gift Cards for Middle School	\$20.00	148 participants x 2 months	\$5,920
Total Amount			\$34,470

ROLL CALL

Board Member Philip Golden	Motion	Motion Passes
Board Member Marla Hoyer-Lareau	Yes	
Board Member Dr. Hoess	Second	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Yes	
Board Member Dr. McCullough	Yes	



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RESOLUTION 2 OF 15

HFI Contract from Healthy Futures Initiative- Chronic Disease Prevention & Lead Safety in Lake County (Purdue NEP)
This contract addresses the specific KPIs for Chronic Disease Prevention: Preventing and reducing chronic diseases such as obesity, diabetes, cardiovascular disease, and cancer, Lead Screening and Case Management, and School Health Liaison.

The program requires a total amount of \$197,700.00

The program cost breakdown is as follows:

Chart: Program Cost Breakdown

Item Description	Price	Quantity	Total
Salary & Fringe Benefits	\$74,471	2	\$148,942
Administrative Oversight & Support Salary and Fringe	\$7,169	1	\$7,169
Mileage Reimbursement	\$1,500	2	\$3,000
Computer Lease & Support	\$400	2	\$800
Technology Allowance	\$600	2	\$1,200
Training Examples: ServSafe, CPR/AED/First Aid, nutrition cert, etc.	\$1,000	2	\$2,000

School Garden Project Supplies Examples: 20 schools with new garden seeds, plants, containers, soil, gloves, tools, hydroponic equipment, etc.	\$600.00	20 gardens	\$12,000.00
Chronic Disease & Obesity Prevention - Marketing, Printing, & Outreach Examples: School handouts, signage, survey sheets, veg of the month posters, garden signs, nutrition and STEM journals/pages, vendor booth fees, etc.	\$9,000	\$9,000	\$9,000.00
Nutrition & Garden Education - Cooking Demo Supplies Examples: food, paper/plastic serving supplies, 4 classes in a series, for 20 schools, for a total of 80 classes (part of new garden curriculum) AND up to 20 "pop-up" cooking demos at parent nights or in the community	\$25 per class	100 demos	\$2,500.00
Lead - Outreach & Program Supplies Examples: Awareness posters for medical offices and sites, retractable banner for health fairs, Vendor Booth Fees, printing cost for lead	Variable Cost	500 families	\$11,089.00

ROLL CALL

Board Member Philip Golden

Yes

Motion Passes

Board Member Marla Hoyer-Lareau

Yes



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Board Member Dr. Hoess	Second
Board Member Dr. Nchekwube	Yes
Board Member Dr. Foreit	Motion
Board Member Dr. McCullough	Yes

RESOLUTION 3 OF 15

Young Ladies With A Purpose “Life Skills & Mentorship for Teen Girls”

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Access and Linkage to Clinical Care.

The program requires a total amount of \$60,000.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Program Director	\$30,000	1	\$30,000
Part-time Program Worker	\$15,000	1	\$15,000
Program Supplies & Workbooks	-	-	\$2,000
Workshops & Events	-	-	\$5,000
Participant Incentives	-	-	\$5,000
Marketing Outreach	-	-	\$2,000
Uber/ Transportation Voucher	-	-	\$1,000
Emergency Fund for Young Ladies	-	-	\$3,000
		Total	\$60,000.00

ROLL CALL

Board Member Philip Golden	Yes	Motion Passes
Board Member Marla Hoyer-Lareau	Yes	
Board Member Dr. Hoess	Second	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Yes	
Board Member Dr. McCullough	Motion	

RESOLUTION 4 OF 15

Subject: VicTory 4 Kidz “Youth Healthcare Career Expo”

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention, Chronic Disease Prevention, Tobacco Prevention & Cessation, Access and Linkage to Clinical Care, and School Health Liaison.



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The program requires a total amount of \$90,960

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Project Coordinator Assistant	\$30,000	1	\$30,000
Program Participant Manual after School	\$10.00	50 participants	\$500.00
Indirect cost rate	\$1,000.00	1 time only	\$1,000.00
Venue	\$3,000.00	1 Weekday and 1 weekend	\$6,000.00
Tutors x4 \$20.00 per hour 12 hours per week per tutor	\$960.00	26 Weeks	\$24,960.00
CPR Training	\$50.00	50	\$2500.00
Expo Supplies	\$10.00	2600	\$26,000
Total Amount			\$90,960.00

ROLL CALL

Board Member Philip Golden	Second	Motion Passes
Board Member Marla Hoyer-Lareau	Yes	
Board Member Dr. Hoess	Yes	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Motion	
Board Member Dr. McCullough	Yes	

RESOLUTION 5 OF 15

Sounds Of Sarah: Crisis Care Connection

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention, and Fatality Review

The program requires a total amount of \$25,125.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Education and Prevention, marketing, and awareness campaign	\$5125.00	1 Year	\$5125.00
Outreach, Education, and Materials Billboards (8 for campaign period): \$20,000	\$20,000.00	1 Year	\$20,000.00
Total Amount			\$25,125.00

ROLL CALL

Board Member Philip Golden	Motion	Motion Passes
Board Member Marla Hoyer-Lareau	Yes	
Board Member Dr. Hoess	Yes	
Board Member Dr. Nchekwube	Yes	



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Board Member Dr. Foreit
Board Member Dr. McCullough

Second
Yes

RESOLUTION 6 OF 15

Boys and Girl's Club of Greater NWI: Boys and Girl's Afterschool Nutrition and Physical Education

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention, School Health Liaison, and Chronic Disease Prevention. The program requires a total amount of \$200,000.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Triple Play health and wellness program supplies/equipment	\$5,000.00	3 clubs	\$15,000.00
Healthy Habits' Cooking Demonstrations/workshops with Lake Co. Health Department (including kids and parents)	\$2,000.00	3 clubs	\$6,000.00
Skillastics Fitness program supplies		1 for each club x 3 clubs	\$19,000
Skillastics After School Package	\$5,669.95		
Secondary Nutritional Card Package	\$349.40		
Stomper Launcher Package	\$299.95		
BGC Staffing/Program Facilitation (2 Youth Dev Professionals + 1 Program Director per club) (15 hrs/wk)	\$17.00/hr	3 staff x 3 clubs	\$120,000.00
CPR staff training/certification; and Director of Training and Development training time	\$50/certification, 5 training hours/session	12 staff max per cohort (estimated 30 across 3 clubs)	\$5,000.00
Red Cross Adult and Infant First Aid, CPR, AED Instructor Kit	\$2,000.00	1 time only	\$2,000.00
CDL licensure to train bus drivers (6-week school, endorsements, physical through Dept of Transportation)	\$3,000/person	3	\$9,000.00
Year-End Celebration with Health Department	\$4,000	1 combined or at each club	\$4,000.00
Indirect Admin Cost Rate	10%	1 time only	\$20,000.00
Total Amount			\$200,000.00

ROLL CALL

Board Member Philip Golden	Yes	Motion Passes
Board Member Marla Hoyer-Lareau	Second	
Board Member Dr. Hoess	Motion	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Yes	
Board Member Dr. McCullough	Yes	



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RESOLUTION 7 OF 15

Hope Alliance: Bridge to Health - Connecting communities to testing, treatment, and hope.

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Infectious Disease Prevention and Control

The program requires a total amount of \$200,000.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Salary Staff - Program Director (1) \$26,650 plus Fringe \$ 5,850	\$32,500	1 year	\$32,500
Salary Staff - Certified HIV Tester (1) \$17,630 plus Fringe	\$21,500	1 year	\$21,500
\$3,870			
Contracted Services (Outreach Workers, Trainers)	\$80,000	1 year	\$80,000
Infectious Disease Prevention Supplies	\$45,000	1 year	\$45,000
Supportive Client Services Incentives	\$10	250	\$2,500
Education & Outreach Material (printed resources, guides, brochures, and cards)	\$3,000	5,000 pieces +	\$3,000
Training & Travel events & peer educators \$	\$2,000	1 year	\$2,000
Contracted Service (accountant, book keeping, financial tracking, compliance)	\$5,000	1 year	\$5,000
General Office / Admin Supplies	\$2,500	1 year	\$2,500
Program operations costs (equipment, software, tech maintenance, telecom, e&o insurance)	\$4,000	1 year	\$4,000
Mileage Reimbursement	\$2,000	1 year	\$2,000
Total Amount			\$200,000

ROLL CALL

Board Member Philip Golden	Yes	Motion Passes
Board Member Marla Hoyer-Lareau	Yes	
Board Member Dr. Hoess	Motion	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Second	
Board Member Dr. McCullough	Yes	

**CONTRACT RENEWALS
RESOLUTION 8 OF 15**

Mental Health Awareness of NWI: Infant Safe Sleep

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Maternal and Child Health.



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The program requires a total amount of \$65,000.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Personnel Salaries (includes emp. Taxes-10.20%)	\$33,298.00	1	\$33,298.00
Fringe benefits	\$5,459.00	1	\$5,459.00
Supplies (portable cribs and swaddlers)	\$22,500.00	300 each	\$2,000.00
Travel Mileage reimbursement	\$720.00	1500 miles x 0.48/mile	\$720.00
Marketing outreach	\$3,023.00	1	\$3,023.00
Total Amount			\$65,000.00

RESOLUTION 9 OF 15

MHA "Thumbody Special"

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for School Health Liaison

The program requires a total amount of \$25,000.00

The program cost breakdown is as follows:

Item Description	Total
Personnel Salaries (includes emp. taxes -10.20%)	\$ 12,068.00
Fringe (health, vision, dental, STD, LTD, 3% Retirement)	\$ 1,978.00
Supplies (Ink pads, Thumbprint cards, consumables)	\$ 7,468.00
Travel (Mileage Reimbursement)	\$ 735.00
Marketing/Outreach	\$ 1,500.00
Other: Admin/Indirect (10%)	\$ 1,250.00
Total Amount	\$25,000.00

RESOLUTION 10 OF 15

MHA Gun Safety Education for Families and Children

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention

The program requires a total amount of: No additional funding requested. Request change in scope of work from family education to provider education.

RESOLUTION 11 OF 15

Purdue Extension "Be Heart Smart"

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Chronic Disease and Prevention.



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The program requires a total amount of \$22,365.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
Program Participant Manual	\$45.00	Per 150	\$6,750.00
Food Purchases – Food Demonstrations		150 (multi-sessions)	\$5,000.00
Additional Program supplies – AHA cookbook, etc.	\$40.00		\$6,000
Indirect Cost Rate	\$4,615.00		\$4,615.00
Total Amount			\$22,365.00

RESOLUTION 12 OF 15

Indiana University (IUSM2) Indiana University School of Medicine

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Chronic Disease Prevention

The program requires a total amount of \$75,000.00

The program cost breakdown is as follows:

Item Description	Price	Quantity	Total
TBD / Honorariums per event for Specialist(s)	\$20,000.00	For entire project	\$20,000.00
TBD /Honorariums per event for Project Coordinator(s), administrative support, computer/graphic specialist, and other staff needed for specific events.	\$25,000.00	For entire project	\$25,000.00
SUPPLIES: Two glucose monitors and strips, Screening equipment for hearing loss + monitors + subscriptions for maintenance	\$10,000.00	For entire project	\$10,000.00
OTHER EXPENSES: Participants' incentives cost (giveaway health promotional items, etc.)	\$10,000.00	For entire project	\$10,000.00
EDUCATIONAL MATERIALS: (Brochures, Banners, health cards, referral cards, etc.)	\$10,000.00	For entire project	\$10,000.00
Total Direct Cost			\$75,000.00

RESOLUTION 13 OF 15

Franciscan Community Health Worker Program

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for: Maternal Health, Chronic Disease Prevention, Access to linkage to Clinical Care, and Immunizations

The program requires a total amount of \$128,000.00

The program cost breakdown is as follows:



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Item Description	Price	Quantity	Total
Community Health Worker – Maternal Health	\$51,000.00	1	\$51,000.00
Community Health Worker – Fringe Benefits (17.5%)	\$8,925.00	1	\$8,925.00
Community Health Worker – At-risk residents	\$51,000.00	1	\$51,000.00
Community Health Worker – Fringe Benefits (17.5%)	\$8,925.00	1	\$8,925.00
Laptop	\$1,500.00	2	\$3,000.00
Community Education	\$5,150.00	1	\$5,150.00
TOTAL AMOUNT			\$128,000.00

RESOLUTION 14 OF 15

Griffith Police Department: Lake County Crisis Intervention Team and Response (formally known as Geminus CIT)
This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention

The program requires a total amount of \$125,000.00

The program cost breakdown is as follows:

Program Cost Breakdown.

Item Description	Price	Quantity	Total
Staff Salaries & Fringe: Equivalent of 1 Full Time Employee Salary - \$40,000 & Fringe Benefits - \$13,200 (33% of Salary/Wages)	\$53,200.00 per year	1 year	\$53,200.00
Staff Travel: Local & State-wide travel	\$2,370.00	1 year	\$2,370.00
Staff Training: Staff to participate in CIT International or NAMI Trainings and Conferences	\$1,500.00	1 year	\$1,500.00
Equipment (Year 1 Only): Laptop and software	\$1,200.00	1 time	\$1,200.00
General & Administrative Expenses	\$12,400.00	1 year	\$12,400.00
Prevention & Education Efforts: CIT Marketing Campaign, content development, and materials.	\$4,165.00	1 year	\$4,165.00
Law Enforcement & Justice: Training materials - \$1,500 per training x 4 trainings per year	\$1,500.00	4 trainings per year	\$6,000.00
Law Enforcement & Justice: Officer training reimbursements for departments to help compensate overtime	\$400.00	100 Officers	\$40,000
Treatment & Recovery: 1. Development and dissemination of Mental Health Services Resources 2. Development and dissemination of LOSS Team Resource	\$4,165.00	1 year	\$4,165.00
Total Amount			\$125,000.00

RESOLUTION 15 OF 15

St. John Fire Department: Community Risk Reduction & Mobile Integrated Health

This motion comes before the LCHD Board of Health regarding funding for the HFI initiative. This contract addresses the specific KPIs for Trauma and Injury Prevention, Chronic Disease Prevention, Maternal and Child Health, Fatality Review, School Health Liaison, Immunization, and Access and linkage to Clinical Care,



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The program (1) requires a total amount of \$64,900.00

Item Description	Price	Quantity	Total
Appropriate program materials, educational and training adjuncts.	Varies	Multiple	\$64,900.00
Total Amount			\$64,900.00

The program (2) requires a total amount of \$199,720.00

Mobile Integrated Health: Administrative			
Item Description	Price	Quantity	Total
Administrative	\$8,320.00	1	\$8,320
Total Amount			\$8,320
Mobile Integrated Health:			
Item Description	Price	Quantity	Total
MIH Paramedic	\$30.00	Multiple	
MIH EMT	\$25.00	Multiple	
Total Amount			\$191,400.00
Total Program Amount			\$199,720.00

All RENEWALS voted as one.

ROLL CALL

Board Member Philip Golden	Yes	Motion Passes
Board Member Marla Hoyer-Lareau	Motion	
Board Member Dr. Hoess	Yes	
Board Member Dr. Nchekwube	Yes	
Board Member Dr. Foreit	Yes	
Board Member Dr. McCullough	Second	

Comments from the Board

Dr. Hoess made a motion to remove board of health members who have been absent from three (3) consecutive regular board meetings (per IC 16-20-2-8). Dr. McCullough seconded the motion, all members in favor. Motion passes.

Comment from the Floor

Frank Camilli thanked the board for moving the location of the board meeting to the Commissioners auditorium. He asked Sounds of Sarah to give less of their money for the billboards to Lamar, he raised concerns that they are getting the best price. He would like to see us address asbestos in lead case management. Mr. Camilli discussed gun safety, he would like us to reach out to the Lake County government and mandate gun safety at gun shows and gun dealer locations. He mentioned too much funding for education across the board and worries about duplication.



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Barbara Kotelis would like the Health Dept to look at toxic emissions locally. She would also like more billboards centered around Health Dept initiatives. Mrs. Kotelis is concerned about data centers coming to Lake County.

Upcoming Board of Health Meeting Dates:

2026 Proposed – 1st Wednesday February, June, September and November

Feb. 4, 2026

June 3, 2026

Sept. 2, 2026

Nov. 4, 2026

Adjournment: Dr. Nchekwube

Next Meeting: February 4, 2026 at 7:30am at Lake County Government Center Auditorium Room B103 or B-109