

# Lake County Board of Health

February 5, 2025





# Staff Updates

### Approved 2024 HFI Positions (filled)

- School Liaison (3)
- PHN
- TB Case Manager
- Lead Risk Assessor
- Medical Billing
- Food Inspector (2)
- Vital Record Clerk

### 2025 Public Health AmeriCorps Intern

- Community Needs Assessment
- Aging Population Program
- Community Health Fairs (2)







health first LAKE COUNTY Active Programs

#### **Purdue Extension**

• A Matter of Balance

• Heart Smart

#### Foodbank of NWI

- Infant/Maternal Pantry Packs
- Mental Health Pantry Packs
- Overhead Food Lockers

#### Indiana University School of Medicine

- Health Screening
- Referral to clinical care

#### St. John Fire Department

• Community Risk Reduction & Mobile Integrated Health

#### Lake County Harm Reduction w/ Gary Harm Reduction

• (3) Harm reduction staff to focus on: Maternal and Child Health, Infectious Disease Prevention, and Trauma and Injury Prevention

#### Mental Health America NWI

- Safe Sleep
- Thumbody Special
- Gun Safety

#### VicTory4Kidz

- Youth Expos
- After school programs

#### Franciscan Health

• Lake Co. Community Health Worker Pilot Program (2) CHW's



### **Progress and Status**

- Finalized class schedule with local libraries- BHS
- Added additional programs to their internal calendar
- Completed first cohort for Be Heart Smart (November & December classes)
- Began taking registrations for upcoming library locations
- 3 Library branches to host Be Heart Smart (4-week sessions)
- Collected pre-post evaluations from cohort



### Purdue Extension Lake County

### Purdue Extension- Be Heart Smart



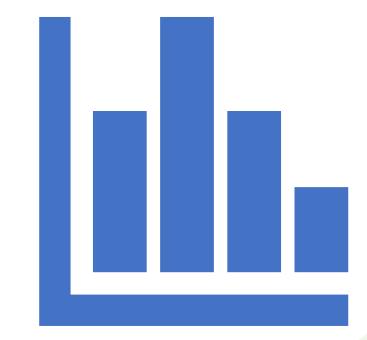
### Purdue Extension-Be Heart Smart

- 89% of Participants Are Concerned Being At Risk Of Health Problems
- 100% Know How To Reduce Sodium And To Make Healthy Meals
- 100% Agreed That Because Of The Program They will Monitor Their Heart Disease Factors and Blood Pressure
- 89% Are Interested, Because Of The Program, To Eat More Heart-Healthy Meals
- 89% Intend, Because Of The Program, to Practice Stress Reducing Techniques
- 89% Intend, Because Of The Program, To Daily Practice Physical Activity



### Purdue Extension-Be Heart Smart

- Wonderful encouraging program with excellent instructor. Thank you.
- Very informative classes Loved handouts and meal example and recipes Instructor very well informed and personable
- Great program
- Very informative and easy to follow recommendations Loved sampling healthy recipes.
- This was wonderful! Thanks, Linda!





#### Progress and Status

- Community Risk Reduction Coordinator
- Mobile Integrated Health Coordinator
- 9 Community Paramedics Seeing Patients
- Stop the bleed courses scheduled for next 5 months
- CPR Classes schedules for the year (additional as needed)
- Car seat installation clinics scheduled monthly through 2025
- Working on contracts with hospitals for referral system
- Planning phase of Maternal and Child Health home visitation



### St John Fire Dept. MIH



### St. John Fire Dept. MIH

- Patient Count Active In The Program 21
- Patient Graduated From Program 30
- Patients Scheduled For Referrals 62
- Average Monthly Referrals 18
- About 60% Decrease in 911/Hospital Use Since Enrollment
- Fall Risk Education 13
- Outside Physician Referrals 10
- Hone Safety Concerns Corrected 35
- Smoke Detectors Installed 44
- CO Detectors Installed 41



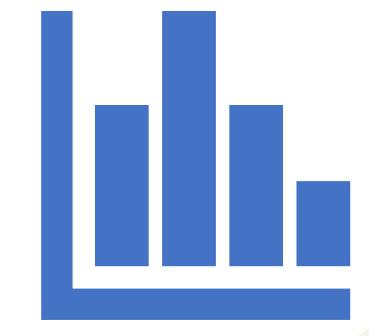
## St. John Fire Dept. MIH

#### Qualitative Data:

<u>Case Study 1</u> – A patient was identified and appointment scheduled after **multiple calls for falls and lift assists**. Patient has a history of stroke with 90% loss of function to the right side.

During the visit it was **identified that a home visiting aid is not able to move and lift the patient alone.** A recommendation was communicated with the visiting service and a **second aid is being sent**.

Lift points were installed in the house in both ceilings and walls to aid in lifting and moving. The patient has not used 911 or transported to the hospital for secondary injuries from the falls. Currently approaching 5 months.





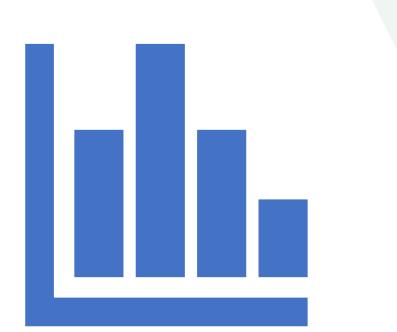
### **Gary Harm Reduction**

#### **Progress and Status**

- Trauma and Injury (Overdose Prevention Specialist)
- Infectious Disease (HIV & Hep C Prevention Specialist)
- Maternal Health (Women's Health and Recovery Families Specialist)
- Staff now on-site part time at LCHD







### **Gary Harm Reduction**

- Intramuscular Narcan 35
- Nasal Narcan- 557
- Fentanyl Testing Strips 282
- Xylazine Testing Strips 258
- IDU Kits 185
- Safe Snort 229
- Wound Care 247
- Safe Smoke 195
- Sharps Containers 9
- Condoms 1893



### Mental Health America NWI



Progress and Status

- (ISS) Three staff, including one Spanish bi-lingual Family Resource Specialist have been identified to be trained as Safe Sleep Ambassadors
- (ITS) Funds allowed the restock of workbooks, ink pads and other materials
- (ITS) Scheduled 3 schools in February, 2 schools in March and 1 in May. This is approximately 550 students
- (GS) Started planning for gun lock purchase and scheduling of workshop sessions



# Mental Health America NWI

- (ISS) Education was provided to 34 parents/caregivers
- Each participant was provided a portable crib for families reporting need for adequate safe sleep environment for baby
- Self-esteem and anti-bullying program was provided to 88 - 3rd grade students and 9 teachers at Homan elementary school in Schererville



### Mental Health America NWI

- (ISS) Partnered w/ IDOH to receive county specific data on SUID deaths and will be focusing efforts in Merrillville and Hammond
- Recently ran out of safe sleep swaddlers and HFI funds allowed for the purchase of 120
- Able to order 70 portable cribs just in time to restock as we were down to just 2 portable cribs left across all 4 offices in Lake County.







### January 8<sup>th</sup> GO-LIVE 100% SUCCESS

Accepting Online Orders And Credit Card POS Options



Planning Phase For VitalChek To Be Implemented Across Department





**italChek** 

A LexisNexis® Risk Solutions Company





### Department Digitization Project In collaboration with Lake County Data Processing

Food Division – **100% completed** Environmental – **10% completed** Vital Records – *Planning Phase* 







### Mobile Health Clinic

- Exam room and blood draw
- Mobile clinic will offer most clinical services (i.e., immunization, lead testing, STI testing, etc.)





# **QUESTIONS?**



