

walk with a DOC

ONE-HOUR WALKS BEGIN WITH A BRIEF HEALTH TALK BY A PHYSICIAN OR CLINICAL STAFF MEMBER

THURSDAY AFTERNOONS

SEPT 12 - OCT 17

3PM TO 4PM

Lake County Health Department
2900 W. 93rd Avenue, Crown Point

Start at the main entrance.



Franciscan HEALTH

REGISTRATION ON SITE ONLY AT 2:45 PM EACH THURSDAY

Program updates will be emailed if an address is provided.
Questions? Email Stacy.Zembala@FranciscanAlliance.org.